

Professional supervision: Getting started

This checklist is provided to assist clergy and lay ministers to take the initial steps required to find and engage a supervisor and start receiving professional supervision.

STEP 1

Understanding requirements and getting information

- Visit faithfulandeffective.com/supervision and familiarise yourself with the professional supervision information and resources.
- Read the Professional Supervision [Policy](#).
- Read the Professional Supervision [Guidebook](#).
- View the Professional Supervision program implementation [timeline](#) to confirm the date you are required to have a registered supervision arrangement in place.
- Register for and attend one or more sessions from the Professional Supervision [Education series](#).

STEP 2

Find a supervisor

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| <ul style="list-style-type: none"> <input type="checkbox"/> Consider what traits/background/experience you want in a supervisor. <input type="checkbox"/> Explore the approved professional supervision bodies and supervisor directories. <input type="checkbox"/> Set up an initial consult/meeting with a preferred supervisor to discuss more fully your requirements and expectations, and those of the supervisor. | <p>Useful questions to ask yourself:</p> <ul style="list-style-type: none"> • Preference of in-person vs online sessions. • Distance you are willing to travel for sessions. <p>Convenience of close-to-home vs time for reflection during travel to/from a session.</p> <ul style="list-style-type: none"> • What do you aim to get out of supervision? • What are your expectations? • Benefits of an Anglican/Christian supervisor vs a supervisor from a different background • How much are you prepared to pay for supervision? <p>Tip: You may like to draft a template email that can be sent to several potential supervisors covering some or all of the above points. Their responses could help you narrow down to 1 or 2 preferred supervisors to have an initial discussion with. Take a look at our example template email.</p> | <p>Useful questions to ask potential supervisors:</p> <ul style="list-style-type: none"> • What are your qualifications, professional body affiliations, and experience with supervision? • What is your approach to supervision? • Have you supervised ministers of religion before? • What is your attitude towards people of Christian faith and how does this influence your supervision? • What expectations do you have of those you supervise? • Do you have space to provide 8 hours of supervision to a new supervisee over the next 12 months? • Do you offer supervision online and/or in-person (where are sessions held?) • What is your fee per session? |
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STEP 3

Set up your supervision arrangement

- With your chosen supervisor, develop a clear written agreement to govern the process of supervision (this step may occur in the initial consult). Your supervisor may have their own covenant template, or you might wish to use the [ACSQ example covenant template](#) provided in the guidebook – Appendix 1.
- [Register](#) your supervision arrangement with the diocese.
- Commence Professional Supervision.

Need help or support? Contact Rebecca McLean, Wellbeing and Development Officer:
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